

# WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> ♡ 🌱 Served with Potato Wedges	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🌱 ♡ Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Stir Fried Vegetable Rice</b> ♡ 🌱 ♡	<b>Vegetarian Burger</b> ♡ Served with Potato Wedges	<b>Vegetable Pastry Roll</b> ♡ Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese</b> ♡ 🌱 ♡ Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> ♡ Served with Chips
DESSERT	<b>Jacket Potatoes</b> ♡ ♡ with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♡ ♡ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> ♡ ♡ with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♡ ♡ with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♡ ♡ with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta ♡ 🌱					
All main meals are served with two vegetables					
	<b>Chocolate Brownie</b>	<b>Crispy Crackle Bar with Fruit</b> 🍌	<b>Original Flapjack</b>	<b>Carrot, Orange and Sultana Slice</b> 🍌	<b>Vanilla Ice Cream</b>

## PACKED LUNCH AVAILABLE

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

♡ Vegetarian 🐟 Oily Fish 🌱 Wholegrain

🍏 Fruity! ♡ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.